

Using Effective Assessment Practices to Increase Student Engagement and Learning in Health and Physical Education

*"The Big Ideas of Classroom Assessment" – Damian Cooper, author of *Talk About Assessment: Strategies and Tools to Improve Learning* (2007) and *Talk About Assessment: High School Strategies and Tools* (2010)*

- 1. Assessment serves different purposes at different times: it may be used to find out what students already know and can do; it may be used to help students improve their learning; or it may be used to let students, and their parents know how much they have learned within a prescribed period of time. (AfL, AaL, AoL)*
- 2. Assessment must be planned and purposeful – backward design program planning*
STAGE 1 – identify targeted understandings
STAGE 2 – determine appropriate assessment of those understandings
STAGE 3 – plan learning experiences and instruction that make such understanding possible
- 3. Assessment must be balanced, including oral and performance as well as written tasks, and be flexible in order to improve learning for all students*
Students: SAY, WRITE, DO
Teachers: LISTEN, MARK or OBSERVE
- 4. Assessment and instruction are inseparable because effective assessment informs learning. Are all students working at an appropriate level of challenge?*
- 5. For assessment to be helpful to students, it must inform them in words, not just numerical scores or letter grades, what they have done well, what they have done poorly, and what they need to do next in order to improve.*
- 6. Assessment is a collaborative process that is most effective when it involves self, peer, and teacher assessment.*
- 7. Performance standards are an essential component of effective assessment. Clear targets = clarity of curriculum standard, high quality assessment tasks, rubrics to describe what quality looks like, anchors to show students what quality looks like, checklists to enable students to monitor their own progress.*
- 8. Grading and reporting student achievement is a caring, sensitive process that requires teacher's professional judgement.*